

MEN'S JOURNAL

Global Rescue Highlighted in Men's Journal as "Absolute Essential"



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Global Rescue is included in the Sept. 2013 Men's Journal column "Ask Dr. Bob." A reader asks, "What are the absolute essentials for survival gear when traveling in rural parts of the world?"

Dr. Bob Arnot responds that a basic first-aid kit may not be the most useful thing. Instead, he recommends travelers make their own kits. His list of items begins with a satellite phone. The second item:

"Global Rescue. This emergency rescue program works in conjunction with Johns Hopkins to help get you to a trusted physician fast."

Rounding out Dr. Bob's list of suggested items are oral rehydration salts, medicine, sun protection, a thermal blanket, tourniquet and an LED flashlight.

Thanks for the mention, Dr. Bob!